

## **Single or Multiple Implants**

### **FIRST PHASE APPOINTMENT**

#### **IV SEDATION** (if this has been planned)

- Do not eat or drink anything after midnight, the night before surgery. The only exceptions are:
  - 1) You may drink water but stop at least 4 hours before surgery.
  - 2) You may take your usual medications or any prescribed medications with sips of water up until 1 hour before surgery.
- You must take blood pressure medications and any other medications discussed with your surgeon up until 1 hour before surgery.

#### **DAY OF SURGERY**

- You must bring or make sure that any temporary prosthesis that has been requested is available for the appointment
- Surgery may take 1 to 2 \_ hours
- Soft foods for the first week (nothing harder than a scrambled egg)
- Sutures dissolve in 5 to 10 days or longer depending on the sutures chosen for your particular case.

#### **FOLLOW-UP APPOINTMENT**

- You will be advised if a follow-up visit in 7 to 14 days is needed
- If you have a denture it may be necessary to have your dentist make adjustments to the denture. Generally you should expect to wear any prosthesis for “looks” for the first few days until the surgeon instructs you to resume a normal diet.

### **SECOND PHASE APPOINTMENT**

- 2 to 6 months after implants are placed, abutments are placed depending on your particular circumstance.
- This procedure can be completed with local anaesthetic or IV sedation. This should be discussed when the appointment is booked.
- This appointment is about an hour long and will require additional time in recovery if sedation is used.
- If you have a denture over implants you may have to take it to your dentist for adjustments; this can be done right after abutments are placed. However, usually your surgeon will make a temporary adjustment.
- You may be advised if a follow-up visit in 7 to 14 days is needed.
- Your dentist will then make the decision on when to restore your tooth/teeth

## **Multiple Implants – Patients with Dentures**

### **FIRST PHASE APPOINTMENT**

#### **IV SEDATION (if this has been planned)**

- Do not eat or drink anything after midnight, the night before surgery. The only exceptions are:
  - 1) You may drink water but stop at least 4 hours before surgery.
  - 2) You may take your usual medications or any prescribed medications with sips of water up until 1 hour before surgery.
- You must take blood pressure medications and any other medications discussed with your surgeon up until 1 hour before surgery.

#### **DAY OF SURGERY**

- You must bring or make sure that any temporary prosthesis that has been requested is available for the appointment
- Surgery may take 1 to 2 \_ hours
- Soft foods for the first week (nothing harder than a scrambled egg)
- Sutures dissolve in 5 to 10 days or longer depending on the sutures chosen for your particular case.

#### **FOLLOW-UP APPOINTMENT**

- You will be advised if a follow-up visit in 7 to 14 days is needed
- For complete dentures, generally you wear your denture for “looks” and not for real chewing. You will be instructed on when your dentist will need to make adjustments and when to resume a normal diet.
- If denture relines are advised by your surgeon, you need to make sure that your dentist makes these arrangements for you.
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### **SECOND PHASE APPOINTMENT**

- 2 to 6 months later abutments are placed depending on your particular circumstance.
- This procedure can be completed with local anaesthetic or IV sedation. This should be discussed when the appointment is booked.
- This appointment is about an hour long and will require additional time in recovery if sedation is used.
- You may then have to take the dentures to your dentist for adjustments; this may be done right after abutments are placed. However, usually your surgeon will make a temporary adjustment.
- You may be advised if a follow-up visit in 7 to 14 days is needed.
- Your dentist will then decide when to complete your final prosthetic treatment.